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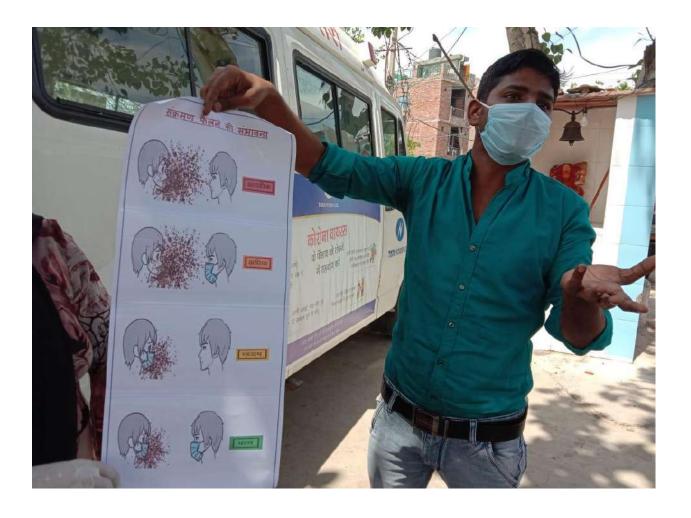
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2021-2022

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# COVID-19 -PANDEMIC

#### **MESSAGE**



#### From the Desk of the General Secretary

I am pleased to write to you again and consider it my privilege to present a series of events in the fifth consecutive year. The challenge to educate and empower the socio-economically weaker communities is connected to the challenge to narrow the gap between Health education and Health.

Eduquest is presented the yearly report 2021-2022 in the form of document. EDUQUEST is working in partnership with TATA Power Delhi Distribution Ltd. since 2015 for providing preventive & curative health care services to the people living in the JJ Slums, Rural areas & Resettlement Colonies in and around the National Capital Territory of Delhi. This project is executed through "MOBILE HEALTH DISPENSARY SERVICES IN JJ SLUMS / RESETTLEMENT COLONES UNDER TPDDL AREA OF OPERATION".

The project team worked with dedication and commitment to successfully to carry on the project so as to achieve the set targets.

Organizing Health camps, awareness programs on various education, social and health related issues at vocational training centres to the underprivileged youth belonging to socio-economically weaker sections of the society is also a very important components of the project.

EDUQUEST believes in making lives of the people happy and healthy and also empowering the communities to become self-dependent. This is being done with all support from TATA Power Delhi Distribution Ltd. This project is a very good example of a partnership between Social Innovation Group (SIG) initiative and a Non-Government Organization (NGO) working hand in hand to change the lives of people living in JJ Slums & Resettlement Colonies in the National Capital Territory of Delhi.

I wish all the best for the expansion of the project in the future.

With all warm regards.

Dr. Snehlata Rewaria- General Secretary -Eduquest

#### About us



**Dr. O P Rewaria** Ex. Chief Medical Officer Inderaparstha Power Generation Company Ltd . A Doctor by profession, Dr. Rewaria is thoroughly trained in management and skills . During his more than three decades of working with the IPGCL and with DVB (Delhi Govt). In addition to his job he has educated lower, middle and senior level executive in preventive and promotive health care. , Occupational health training, Stress Management, Corporate Social responsibility, Nodal officer of Pulse Polio program etc. He has been president of Welfare association of his locality since 1990. Currently, he is actively associated EDUQUEST NGO. He is fully involved in work for the society .



**Dr.Sneh Lata Rewaria**. Ex. Chief Medical Officer Tata Power Delhi Distribution Ltd. A Doctor by profession, Dr. Rewaria is thoroughly trained in management and skills . During her more than one decades of working with the Tata Power Delhi distribution Ltd (NDPL) & more than two decades with DVB (Delhi Govt). . She is actively associated with EDUQUEST NGO. She is fully involved in work for the society i.e Providing Health facilities at doorstep for under income people in j j clusters, Women empowerment and Awareness on Preventive and Promotive Healthcare . She takes interest in Photography, Social and Health activities. She is also having interest in reading books on community service activities, Smart Leadership, Treasury of Courage & Confidence etc.

#### Mr. S K Das



Mr. S K Das is Director —Training in Mewar University. An engineer by profession, Mr. Das is thoroughly trained in management, skills and soft skills training in India and abroad. Currently, he is actively associated with improving employability of technical and management students. During his three decades of working with the house of Tata, one of the most respected business group in India,

he has trained more than 3000 middle and senior level executive in Stress Management, Work Life Balance, Quality System, Business Excellence, Corporate Ethics, Climate Change, etc.

He was actively involved in Power Reforms in India. Through Distribution Reforms Upgrade Management (DRUM) programme, an initiative of Ministry of Power, Govt. of India, he worked extensively on change management in state electrical utilities. He has trained power utility personnel from countries like Bhutan, Pakistan, Sri Lanka, Afghanistan, Bangladesh, etc. He also worked on a World Bank supported project for DABM, the Electricity Board of Afghanistan, as Training Expert giving consultancy on training and development of the utility personnel.

He has widely travelled across the continents and is a voracious reader. He takes keen interest in social work and adventure sports. He is an educationist at heart and had been in the managing committee of a missionary school in Jamshedpur for more than a decade.

#### What we are

Eduquest based in Delhi, the Eduquest was formed with a mission to empower the lives of community in distress through education and awareness .Main areas are focus are Health, Education and Women Empowerment. Since its establishment in 2001 has constantly been actively promotes education through free tuition for Poor school going children, Adult Education and quality health care through various initiatives like health facilities at door step. Health camps and Awareness sessions on prevention of diseases. Eduquest team comprises people from various fields who expertly bring their experiences and own unique perspectives and work together to create a bright future for the community in distress. Eduquest has launched various vocational trainings for women like, stitching , Mehandi designing, painting , Singing etc . Organising the Arogya health camps for children and Pregnant women in one locality since 2019.

**Mission:** To Promote community Development through awareness on Health, Education. Women Empowerment and Environment.

**Vision:** To support and encourage the sustainable development of communities in distress, The Eduquest was formed with a mission to empower the lives of community in distress through

#### **Activities**

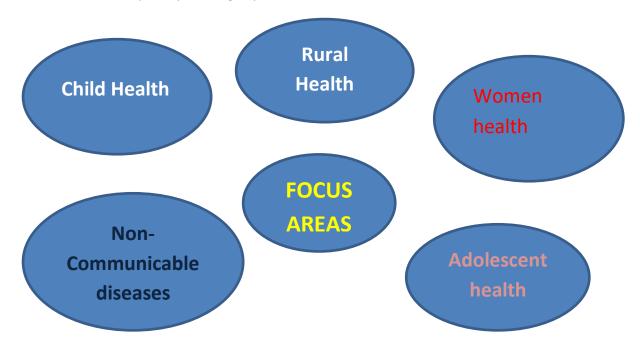
Education- Free tuition for Poor children who are attending Govt. School.

Health - Providing O P D Treatment at doorstep, General Health check-up camps and Awareness Sessions on prevention of various communicable, non communicable and life style diseases. Organizing sessions on Positive attitude, Life skill education etc at Vocational Training centres.. Women Empowerment - Legal issues related to dowry & domestic violence Educating Women to know the importance of health, parenting, work life balance etc

Projects: 1. -"Health promotion targeting lifestyle factors and danger signals for prevention & early detection of Cancer". Directorate of Health Service, Govt.of NCT of Delhi. Yr. 2013-2014

On-going project since 2015- "Mobile health at doorstep in J J Clusters, resettlement colonies and Rural areas in North and North-West areas of Delhi."

Eduquest has been providing health services at doorsteps in JJ Clusters, Resettlement Colonies & Rural areas of TP-DDL operation through 5 mobile health dispensaries. The project is being funded by Tata Power Delhi Distribution Ltd (TP-DDL) since 2015. From 2021-22 onward, TP-DDL has handed over the total responsibility of management and maintenance of all the 5 Mobile Dispensaries to Eduquest. Approx 800 beneficiaries have got treatment at doorstep every working day.





**COVID-19**- Due to COVID-19 Pandemic our focus on how to save the people from COVID-19. Being a health workers our objective also to aware the people on other diseases and their treatment. Off and on lockdown is going in the city due to the severity of the COVID-19 disease. Lots of causality has happened in the country/ world. Since last year people are living in the phobia of COVID-19 and now other diseases like Black fungus dreaded diseases also came up and people are suffering from this. Doctors are trying to treat them. The COVID-19 pandemic has had major effects on our lives. Many of us facing challenges that can be stressful, overwhelming and cause strong emotions in adults & children.



Most of people has lost their jobs some has lost their loved ones that cause them feeling of anger, sadness. Hopeless, frustrations ets. People suffering from poverty. The team of Eduquest comprises experienced Doctors, counselors providing them counseling on phone. Over medical and paramedical team organizing awareness on prevention from COVID-19 and other diseases as:

- Stay at home
- ➤ Keep safe distance of 2 meters but now the mutated variants of virus is light in weight and can travel more than 2 meters
- ➤ Don't spit, The virus is more lethal and double variant. More dangerous, Can remain in air for 3 hours. Now it is a air born diseases
- Frequent hand washing with soap and water or use alcohol based sanitizer
- ➤ Cover your face and proper wearing of mask on the face. Double must be use
- Avoid to visit crowed place and don't shack hands but say Namesty
- > Use Elbow for cough and sneezing
- > Thermal screening done for each and every patient attending the mobile dispensaries
- ➤ Awareness on Hygiene practice
- ➤ How Covid-19 spread?
  - o Signs and symptoms of Covid-19
  - o How dangerous Covd-19
  - Medical attention
  - When to visit the hospital
  - o Types of corona virus test
  - Effects of smoking



#### Covid- kits distribution in Community to restore the health of the beneficiaries

The Doctors of EDUQUEST are providing treatment through Telemedicine. Our Paramedical team remain in Community. After video conference between patient, Doctor & Pharmacist The pharmacist has issued the medicine. We also providing the Covid care kits to the patients









COVID CARE KITS issued to the patients who are suffering from fever, Cold, Bronchitis and not getting relief after taking treatment. It containing Antibiotics, Antipyretics, anti allergics and 30 day medicines for Immunity booster i.e Vit-D, Vit-C, and Becozinc etc.

# Donation of Oxygen Concentrator for serious patients in COVID-19 Pandemic

All the country grappled with second wave of Covid-19 virus, we have determined to make collective effoerts to tide over this though time together. In our humble effort with top management of Tata Power DDL extended our support to the Delhi Police an essential services provider like us Tata PowerDDL handed over 25 Oxygen Concentrator to Mr. Rajiv Ranjan Singh IPS, DCP Outer Noth District, Delhi Police. We believe we can all combact the crisis by lending each other a helping hand



#### Telemedicine:

The Doctors of EDUQUEST are providing treatment through Telemedicine. Our Paramedical team remain in Community. After video conference between patient, Doctor & Pharmacist The pharmacist has issued the medicine. We also providing the Covid care kits to the patients. The Medical staff was on duty 24 x 7. Any consultation desired by patients for Hospitalization, Signs & Symptoms of seriousnessRegarding medicine dose etc. as we were working for Underprivileged community.













### Arogya Project-

It started in 2019 in a J J Cluster and still continue. In COVID-19 pandemic. We provide

Teleconsultation /Telemedicine treatment to the Children and pregnant women. New Registration is continue. This time the Covid-19 attack on children is more serious and lethal. We educate the parents for all precautions, distributed the Vit-D Drops, issued medicines for ailments from mobile dispensaries as per Telemedicines. Pregnant women also getting Cap Iron and Tab. Calcium.







Mask Distribution: Approx 20000 mask distributed in the community. Because this was the main preventive measure for Covid-19. We have educated peole to proper wearing of maskd.







#### **Nutrition Kit distribution**

We have organized a "Nutrition Kit distribution Campaign" amongst the underprivileged, especially

the undernourished mothers who in turn of giving birth to low weight babies /undernourished girls of the households of the JJ clusters under



Social Impact Group health initiative. The health products which were distributed in the community were Soya chunks, Ensure, Protenex, Women Health Horlicks are full of High protein, high calcium, Vitamins specially Vit D, Iron and minerals. These are very important to Human body. Every cell in the human body contains protein. The basic structure of protein is a chain of amino acids. We need protein in your diet to help our body repair cells and make new ones. The health products distributed at various locations i.e Udham singh park jj clusters, Shabad Dairy J J Clusters, Sultanpuri, Bawana j j clusters etc. We have Benefitted approx 4000 people in the areas. Material was purchased in bulk and distributed in such a way to help to maintain the health of women, adolescents and pregnant mothers. Pregnant mother were given a pkt of three

products so she can at least use for four months. All the products distributed in good quantity to restore the health.



### Sanitary Napkins distribution:

The reasons were as

- o All schools across the country shut for months due to Coronavirus pandemic. The school girls can not avail the facility of free sanitary napkins
- o Continuous taboos and restrictions related to menstruation



- o Adolescent girls feeling anxiety for using cloth pads and how to manage menstrual hygiene management.
- Due to poverty can't afford high price of sanitary napkins
- In COVID-19 pandemic disrupted manufacturing of menstrual hygiene products
- Broken supply chain of menstrual hygiene products
- Many factories are shut

#### Women health- Rural health

The program was organized in Rural on women health. The topics included were

- Menstrual Hygiene management
- Breast self examination
- Personal hygiene
- Anemia





#### Problems faced by the health team during Covid-19 Pandemic:

- No Vehicle was available for commute in Lock-down.
   However Eduquest arranged free pick and drop services for the staff.
- Tremendous stress and other mental health problem felt 'Burn out'
- Fear of Covid-19 safety
- Family pressure on female staff for not to go on work in such environment. It was great phobia for family.



- Age related issues for senior doctors having other ailments like BP, Blood Sugar, CAD, Pulmonary disease etc
- People were not cover their faces even after repeated instructions

#### Awareness sessions on various subjects:

Our Medical and Paramedical staff have organized the awareness session on Hygiene, Menstrual Hygiene management, Early detection of breast cancer, Anemia, Pelvic inflammatory diseases, joint pain, cancer, Non communicable diseases, diabetes, No smoking etc.



















### **Health Camps**

हाटा प्रापर-डीडीएल के तीजन्य से फ्री हेल्थ चैकअप कैम्प का आयोजन

Health cams were organized in Rural areas .The activities were done as







- 2. Free medicine distribution
- 3. Investigations like Blood Sugar, Hemoglobin, Blood Pressure check-up
- 4. Counselling
- 5. Referral to higher centre if any for further management
- 6. Awareness sessions for prevention of various diseases.







#### **Menstrual Waste Management:**

Menstruation and menstrual products are still facing many social, cultural and religious restrictions which is a big barrier in the path of menstrual hygiene management and disposal of used material. There is a need to educate our citizens and make them aware about the environmental pollution and related health hazards , not just to human beings but also to stray animals especially our Holy cow. The implementation of modern techniques like proper segregation and incineration can help to reduce the waste. One survey of approx. 5000 people was done in the North and North west of Delhi and found every people Male , Female and Adolescent have gave their suggestion that this waste should be collected separately and managed accordingly by MCD in Delhi.





The Animal and Rgpikkers got infected with the Menstrual waste.





#### Inauguration of 5<sup>th</sup> Mobile van-

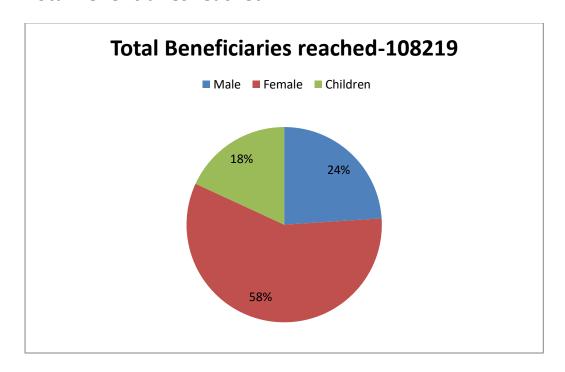
We have started our journey in 2015 one mobile van and now in July 2021 the  $5^{th}$  mobile van have donated to Eduquest by TATA Power DDL

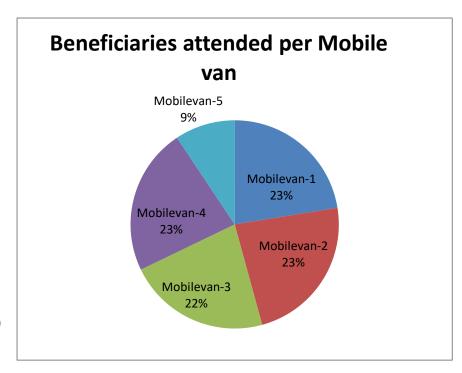


### Beneficiary reached- at per mobile van wise

### **Statistical Highlights**

#### **Total Beneficiaries reached**





# **BOARD MEMBERS**



Ms. Ravita -President



Dr. R A Gautam – Vice President



Sonu Devi-Member



Dr. Snehlata Rewaria- General Secretary



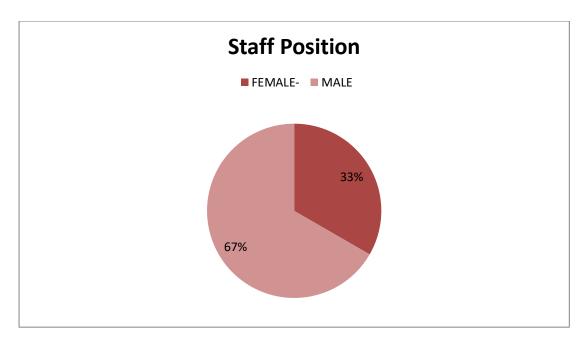
Dr. Shalini Chandra- Secretary



Amarnath- Treasure



Anurag Rewaria- Member



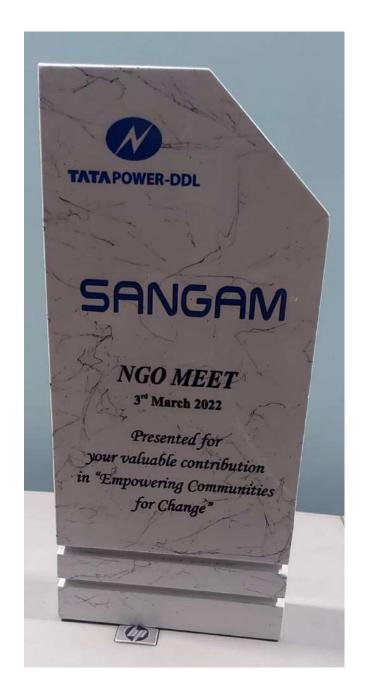
EDUQUEST currently runs 5 Mobile Dispensaries.

Each Mobile Dispensary comprises the following personnel:

- 1. Doctor-1
- 2. Pharmacist-1
- 3. Female Attendant-1
- 4. Driver-1

S. No	Designation	Qualification	No. of Staff
1	<b>Project Coordinator</b>	MBA	1
2	Doctor	MBBS	5
3	Pharmacist	D-Pharm	5
4	Female attendant	Senior Secondary with Basic Computer	5
5	Driver	Heavy Motor license with Badge	5

# **AWARD & FELICITATION**





### **WAY FORWARD**

Since our founding 21 years ago, Eduquest have come a long way. Everything we have learned over the years led us to 2015 - a year that marks an important milestone as we started our partnership with Tata Power- Delhi Distribution Area. Starting with only one Mobile Dispensary in 2015, we now operate 5 Mobile Health Dispensaries across North-west Today, we are keener to explore how we can improve to create the greatest impact. We have always believed in the power of an integrated approach to transform the lives of underprivileged communities. So moving forward, we would like to focus socio-economic empowerment along with enhancing health underprivileged communities. We hope to ensure quality education for the children hailing from urban slums and rural areas. We are looking at ways to strengthen female decision-making power and hence we want to Colonies. vocational/skill training to women from IJ clusters/Resettlement our community stakeholders, we would undertake Together with assessment in our present operational areas to explore scope of piloting new ideas. As we begin a new financial year, we look forward to forge new partnerships and strengthen existing ones. We would also work to expand our geographic reach, particularly in adjoining states like Haryana, Uttar Pradesh and Rajasthan. The journey we have undertaken requires tireless commitment and true passion and we hope our stakeholders will be part of our journey as they always have been.



# **EDUQUEST**



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