



ANNUAL

REPORT



2022-23

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Patron's Message

Dr. O.P. Rewaria

With the passage of 2022 Eduquest completed yet another exciting year of growth, opportunities and success. We continued our service delivery to the most marginalized communities and to enhance their health conditions through our flagship programme "Mobile Health Dispensaries Services in Jhuggi Jhopari /Resettlement Colony & VCG area under Tata Power-DDL area of operation".

Through its 5 mobile health dispensaries, Eduquest takes healthcare to the doorsteps of underprivileged communities in underserved areas of Delhi. Mobile health dispensaries are flexible and viable options to reach people cut off from access to primary health services.

Over the years, we have built upon successful programming adaptations and flexible, community-based approaches to optimize progress on every measure of health and development of the communities whom we serve. The impact of our activities is evident from the progress in areas such as non-communicable diseases, malnutrition, anemia, maternal health, menstrual health, water and sanitation, etc.

As we look forward to the future, our vision to uplift underprivileged communities remains unchanged. We continue to build on the impact of our model that serves as our dynamic road map for how we achieve our vision and measure progress.

Our success has been a testament to the commitment and compassion of all our stakeholders- our partner agency TATA Power DDL, our dedicated team of professionals, our beneficiaries, our community members, our supporters and well wishers. We shall continue to leverage our partnerships with all our stakeholders to increase healthcare accessibility and improve health outcomes of vulnerable populations.

Thank you!



President's Message



Ms. Ravita

It gives me immense pleasure in presenting the Annual Report for the period April 2022 to March 2023. We have achieved more than the set target during this year. It has been a year with many rewarding moments and some challenges. The progress we made in 2022-23 was possible due to the hard work and determination of our workforce. The end result is the strong performance we have been consistently delivering over the years.

In order to address the need for preventive and curative health care, EDUQUEST established meaningful partnership with TATA Power Delhi Distribution Ltd. and has been carrying out an ambitious project entitled "MOBILE HEALTH DISPENSARY SERVICES IN JHUGGI JHOMPARIES / RESETTLEMENT COLONES UNDER TPDDL AREA OF OPERATION."

This project is being implemented successfully since 2015. Through the project, EDUQUEST has been extending health care services to deprived communities in and around the National Capital Territory of Delhi. Along the way, we have reached some key milestones. We have been fortunate to be able to build on the legacy of the TATA Group for sustainable social development.

Providing high quality health care in JJ Clusters in a sustainable manner is our greatest challenge. But it is also greatest hope for a better future for every individual, every family and every community that we serve.

We would like to express our gratitude to our valued Donor and Partner TPDDL for their support. Their trust is our driving force, keeping us firmly on our successful course. I am also grateful to the project team of EDUQUEST for working sincerely with commitment and dedication to implement this project successfully. Finally, I owe my sincere thanks to the people of our communities for participating and gaining benefits from the project. We look forward to continuing along our successful path together with all our stakeholders.



General Secretary's Message



Dr. Sneh Lata Rewaria

I am glad to present our Annual Report for 2022-23 as we complete another fruitful year of transforming lives and catalyzing sustainable change at scale.

The last pandemic had once again highlighted the dire straits of health systems and the importance of strengthening primary health care as the cornerstone of resilient health systems and as the key to universal health care that promotes health and well-being across all sections of society. We firmly believe that enhancing access to primary health care has the power to transform lives. Hence we are committed to work with TATA Power DDL to improve the health status of people living in JJ Clusters & resettlement colonies through our mobile health dispensaries.

We offer OPD service and interventions that help to sustainably manage chronic diseases, promote preventive health care, and improve outcomes among underprivileged communities. We ensure that our services meet the technical and service quality standards for a Primary health Centre through provision of services under the following thematic areas- Maternal Health, Neonatal and Infant Health, Child and Adolescent health, Management of Common Non-Communicable Diseases, Eye Care, and Emergency Medicine.

As a link between clinical and community settings, our Mobile Health dispensaries address both medical and social determinants of health, tackling health issues on a community-wide level.

Lastly, I would like to mention that the successful completion of the year was possible thanks to the sincere efforts and involvement of our valued stakeholders including the community we serve, our donor TATA Power DDL, Eduquest team, our supporters and well wishers.

With your valuable support, we step into another year with certainty that our work continues to make a difference in bettering the health status of unserved communities.



About Us

Eduquest was established in 2001 as a not for profit organization. The focus areas of Eduquest are Education, Health and Women Empowerment. The organization was founded by Dr. Sneh Lata Rewaria, Mr. S.K. Das and Dr. O.P. Rewaria.

Eduquest team comprises people from various walks of life; they bring in their expertise, experience and unique perspectives and work together to create a bright future for underprivileged communities.

Dr. Sneh Lata Rewaria is the Former Chief Medical Officer of Tata Power Delhi Distribution Ltd. and has also worked with Delhi Vidyut Board.

Mr. S. K. Das is Director- Training in Mewar University. An engineer by profession and an educationist at heart, Mr. Das takes keen interest in social work.

Dr. O P Rewaria is the Ex. Chief Medical Officer of Indraprastha Power Generation Company Ltd and has also worked with Delhi Vidyut Board. A Doctor by profession, Dr. Rewaria is thoroughly trained in management skills.

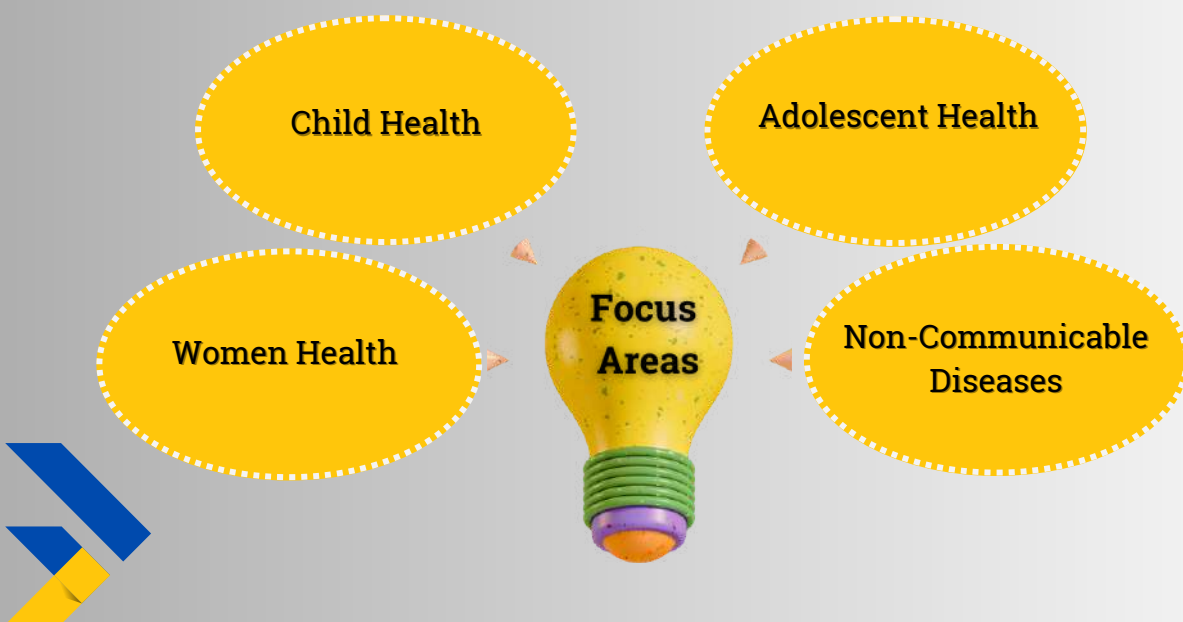
Vision

To support and encourage the sustainable development of communities in distress

Mission

To promote community development through awareness on Health, Education, Women Empowerment and Environment

Eduquest has been providing health services at doorsteps in JJ Clusters, Resettlement Colonies & Rural areas of TP-DDL operation through 5 mobile health dispensaries. The project is being funded by Tata Power Delhi Distribution Ltd (TP-DDL) since 2015. From 2022-23 onward, TP-DDL has handed over the total responsibility of management and maintenance of all the 5 Mobile Dispensaries to Eduquest.



WOMEN HEALTH

We ensure access to basic maternity care in a supportive and culturally sensitive environment to women hailing from the communities we serve. Our basic maternity care includes the following:

- Provisional Diagnosis & Investigations
- Birth planning
- Regular Ante-natal check-ups including Screening for Hypertension, Diabetes, Anemia
- Iron-folic Acid & Calcium Supplementation
- Provision of nutritional supplements
- Identification and referral of High Risk Pregnancy
- Support and motivation for institutional delivery
- Post Natal Cases
- Counseling & awareness

Project: Nutrition Kits Distribution Campaign by TP-DDL under SIG-Sanjeevani Initiative in JJ clusters under TP-DDL area

The nutrition kits comprised products like Soya chunks, Ensure, Protinex, Women Horlicks which are fortified with protein, high calcium, vitamins especially Vitamin D, Iron and Minerals. Pregnant mothers were given a packet of 3 products.



Project: Arogya Camp for Pregnant Women In the Arogya camps, pregnant mothers were screened for Hypertension, Diabetes and Anemia.





Awareness on menstrual hygiene was carried out throughout the year in the community as well as at Vocational Training Centers.

Menstrual Hygiene Day- 28th May

The participants were sensitized on Hygienic practices to be followed during menstruation:

- Change napkin at regular intervals
- Remember to carry extra napkins when ever stepping outside home
- Wash genital area after each use of the toilet, and also after urination.
- Keep the area between the legs dry otherwise soreness, chaffing, contact dermatitis and fungal infection may develop.
- One can take bath during menses
- Do not wash inside of vagina with soap or any other product.
- Wear clean clothes



Awareness on the following topics were conducted regularly in urban and rural community locations as well as at Vocational Training Centers:

- Anemia
- Hygiene
- Diabetes
- Joint pains
- PCOD
- Lifestyle diseases
- Pelvic Inflammatory Diseases
- HIV/AIDS

Breast Cancer Month- October

Awareness sessions on Breast cancer were organized at locations and vocational training centres in the month of October as well as throughout the year. Women and adolescent girls were educated on on Breast Self Examination:

- Any change in the size or the shape of the breast.
- Pain in any area of the breast with lump if any
- Nipple discharge other than breast milk (including blood)



Project Arogya Camp

Project Arogya focuses on complete Health check up of Neonatal, Infant and Children (0 to 5 year old). Along with health check up, mothers are also sensitized on various aspects of Neonatal, Infant and young Children's health, nutritional requirements, common problems and overall well-being.



The ABHA (frontline health worker) who is working for Arogya project since 2019 is very much known to the community and Anganwadi. She motivated parents to attend the Arogya health camp and explained the benefits of the camp.



Activities conducted at the camp for Neonates and infants:

- Height Measurement
- Weight Measurement
- Examination of low birth weight/preterm newborn, management or referral as required
- Examination of other high risk newborns and management or referral as required
- Counselling and support for early Breast Feeding, improved weaning Practices
- Family/community education of Prevention of infections
- Complete Immunization
- Vitamin A Supplementation
- Care of Common illnesses of new born, AGE with mild dehydration, pneumonia case management



Activities conducted at Arogya Camp for young children

- Growth Monitoring
- Early detection of growth abnormalities, delays in development and disability
- Prevention of malnutrition through IYCF counselling
- Detection of Severe Acute malnutrition (SAM), referral and follow up care
- Distribution of Sy Hematinic and Sy Calcium
- Deworming
- Immunization
- Prompt and appropriate treatment of diarrhoea/ARI, referral where needed
- Prevention of anaemia, use of iodised salt
- Detection & Treatment of Anaemia and other deficiencies
- Eye care
- Diagnosis and treatment of children suffering from cold, fever and skin diseases



Awareness on Child Anemia, malnutrition, need of balanced diet (Sampoorna Aahar) were conducted throughout the year across all community locations and Vocational Training Centers.

ADOLESCENT HEALTH



Adolescent Health Programme for Girls at Auchondi village Senior Secondary Sarvodaya School

Health

Topics covered:

- Nutrition and health needs
- Mental Health, Depression & Anxiety
- Menstrual hygiene
- PCOD
- Female foeticide
- Sexual Health
- Prevention of Adolescent pregnancy and STDs
- Basic First aid

Psychosocial Development

Topics covered :

- Psychological and Behavioral changes
- Self-image and identity, self-esteem
- Independence
- Peer relations
- Relations with family and community
- Gender equality, women's rights
- Safety & self-defense
- Good and bad touch

- Distribution of Sanitary Napkins and Hygiene kits
- Distribution of medicines

Twelfth-Grade Student at Sarvodaya School

"The knowledge we acquired today in such a short time was never imparted to us by anyone before, not even by our parents."

"We were taught that menstruation is a natural process happening to all girls and women. We should not be absent from school because of menstruation. We discuss issues like menstruation among ourselves.

We don't feel ashamed of talking about menstruation."

Eighth-Grade Student at Sarvodaya School



Awareness Sessions for Adolescent Boys and Girls were conducted at Schools, Vocational Training Centers and at community locations covering the following topics:

- Anemia
- Health & Nutrition
- Personal Hygiene
- Gender equality
- Positive attitude
- Lifestyle diseases
- HIV/AIDS, other STDs
- Dental Hygiene
- Viral Infection
- First Aid



In India the prevalence of anaemia among adolescent girls was 56%, that is, an average 64 million girls at any point in time. Iron is an important micro-nutrient which is essential cellular growth and differentiation, oxygen binding, transport and storage, enzymatic reactions, immune function, cognitive function, mental and physical growth etc. So, deficiency of iron can affect mental and physical growth resulting in decreased learning capacity and work productivity. Iron Deficiency Anemia (IDA) is characterized by a defect in haemoglobin synthesis, resulting in hypochromic and microcytic red blood cells. There are many reasons of IDA in adolescent girls, including deficient intake or absorption of iron, increased demand during adolescence, heavy blood loss during menstruation, parasitic infestation etc. Although IDA occurs at all age and involves both the sexes, adolescent girls are more prone to it.

Through the Mobile dispensaries and camps, Eduquest team conducted Hb tests to identify anemic adolescent girls and distributed Iron and folic acid supplements.

All through the year, Eduquest team conducted a number of sessions on Awareness, Diagnosis, Prevention/ Management of the following Non-Communicable Diseases:

- Anemia
- Malnutrition
- Diabetes
- Hypertension
- Dengue
- Chikungunya

Awareness on Chikungunya



Project Anemia Mukta Bharat



Diagnosis & Treatment/ Management of NCDs



NON COMMUNICABLE DISEASES

Eduquest team undertakes screening for over 35 age group on an annual basis or Opportunistic Screening for diabetes and hypertension, Hypertension / Diabetes mellitus –Medication follow up diagnostics, refer for specialist consultation and early referral for complications.



214 mg /dl

160 mg /dl

After 18 days

Name :- Mumtaz

Age :- 60

Location :- CD Park Bengali colony

Van no. 04 (DL1LX6490)



443 mg / dl (PP)

245 mg /dl (PP)

Name :- Basiran begum

Age :- 60

Location :- P1 sultanpuri

Mobile no. :- 9625637874

Van 04 (DL1LX6490)



366 mg / dl

195 mg / dl

After 1 month

Name :- Ramprasad

Age = 50

Location :- P1 sultanpuri

Van no. 04 (DL1 LX6490)

World “NO” Tobacco Day- 31st May 2022

The program was organized at various locations, V T Centres and health camp at Bawana Industrial area. The participants were educated on:

- Risks posed by tobacco smoking and second-hand smoke exposure;
- Awareness on the particular dangers of tobacco smoking to lung health;
- Magnitude of death and illness globally from lung diseases caused by tobacco, including chronic respiratory diseases and lung cancer;
- Emerging evidence on the link between tobacco smoking and TB deaths;
- Implications of second-hand exposure for lung health across age groups;
- Importance of lung health to achieving overall health and well-being;



An eye Camp was organized for screening for blindness, refractive errors, cataract, congenital disorders, other eye disorders & referral

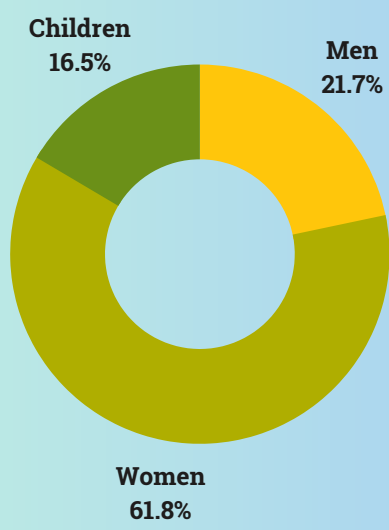
Community education and Preventive measures against **Tuberculosis (TB)** were conducted at locations as well as at Vocational Training Centers.



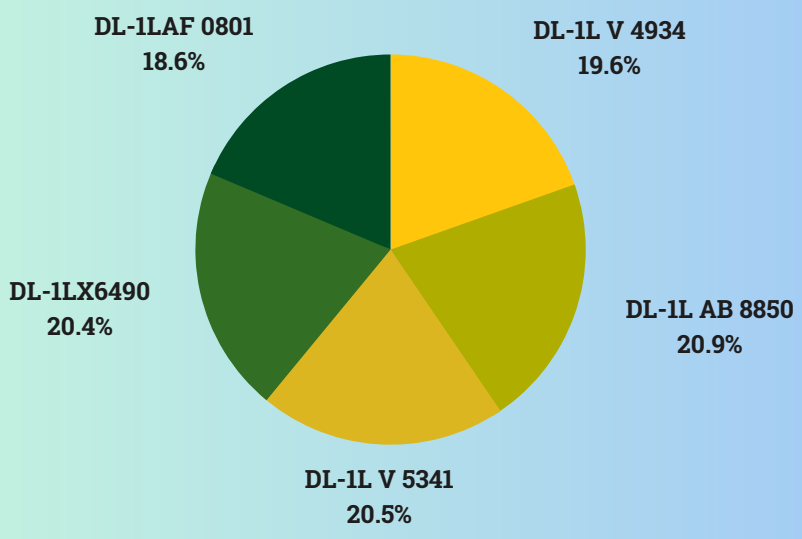
Team Eduquest participated with Tata Power DDL CSR team in Yamuna cleaning drive on 28th March



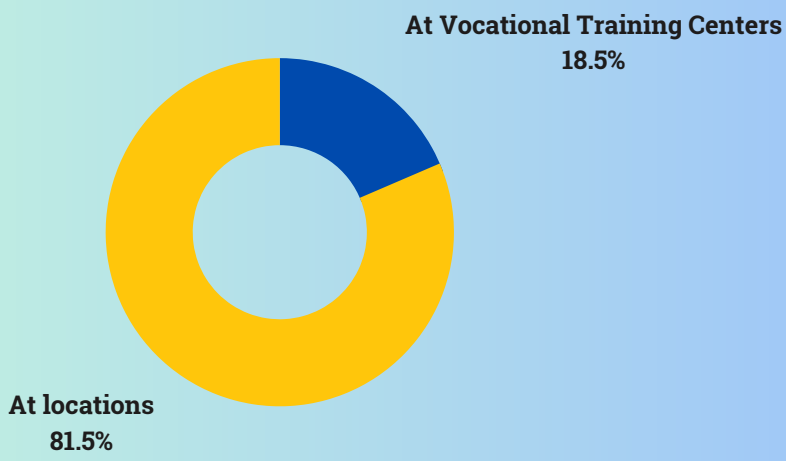
Total Beneficiaries reached: 138631



Beneficiary Reach: Medical Van wise



Beneficiary Reach: Awareness Sessions



BOARD MEMBERS



Ms. Ravita
President



**Dr. Sneha Lata
Rewaria**
General Secretary



**Mr. Harjit Singh
Virk**
Vice President



**Dr. Shalini
Chandra**
Secretary



**Mr. Anurag
Rewaria**
Member



Mr. Amarnath
Treasurer

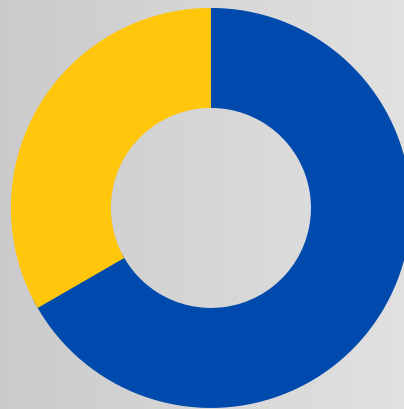


Ms. Sonu Devi
Member

STAFF DETAILS

Total Staff Strength: 21

Female Staff
33.3%



Male Staff
66.7%

EDUQUEST currently runs 5 Mobile Dispensaries.

Each Mobile Dispensary comprises the following personnel:

- 1 Doctor
- 1 Pharmacist
- 1 Female Attendant
- 1 Driver

SL. No.	Designation	Qualification	No. of Staff
1	Project Coordinator	MBA	1
2	Doctor	MBBS	5
3	Pharmacist	Diploma, Pharmacy	5
4	Female Attendant	Senior Secondary with basic computer knowledge	5
5	Driver	Heavy Motor Vehicle Badge License	5

ENGAGEMENTS & FELICITATIONS



**Felicitation for Top Performer in Health Initiatives
at 'SANGAM'- NGO Meet of TATA Power-DDL**



**Top Performer in Health Initiatives
Award by TATA Power-DDL**





Felicitation of Corona Warriors by EDUQUEST



Chief Guest at Celebration of International Day of Families in SOS Children's Village, Bawana





Way Forward

Since our founding 21 years ago, Eduquest have come a long way. Everything we have learned over the years led us to 2015 - a year that marks an important milestone as we started our partnership with Tata Power- Delhi Distribution Area. Starting with only one Mobile Dispensary in 2015, we now operate 5 Mobile Health Dispensaries across North-west Delhi.

Today, we are keener to explore how we can improve to create the greatest impact. We have always believed in the power of an integrated approach to transform the lives of underprivileged communities. So moving forward, we would like to focus on socio-economic empowerment along with enhancing health status of underprivileged communities. We hope to ensure quality education for the children hailing from urban slums and rural areas. We are looking at ways to strengthen female decision-making power and hence we want to provide vocational/skill training to women from JJ clusters/Resettlement Colonies.

Together with our community stakeholders, we would undertake a need assessment in our present operational areas to explore scope of piloting new ideas. As we begin a new financial year, we look forward to forge new partnerships and strengthen existing ones. We would also work to expand our geographic reach, particularly in adjoining states like Haryana, Uttar Pradesh and Rajasthan.

The journey we have undertaken requires tireless commitment and true passion and we hope our stakeholders will be part of our journey as they always have been.



EDUQUEST

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